

<i>Complete uniform to be worn whilst travelling to, from and whilst off site and a metal coat hanger</i>		<i>Torch and spare batteries</i>	
<i>Warm sweaters or sweatshirts</i>		<i>Personal first aid kit</i>	
<i>T-shirts or similar</i>		<i>Day sac and plastic drinks bottle</i>	
<i>Trousers or shorts</i>		<i>Polythene bags (for dirty clothes)</i>	
<i>Spare underclothes (one pair per day and spares)</i>		<i>Coat</i>	
<i>Spare socks (one pair per day and spares)</i>		<i>Scarf, hat and gloves</i>	
<i>Nightwear</i>		<i>Talcum powder for feet</i>	
<i>Hiking boots or strong shoes, trainers & indoor footwear</i>		<i>Teddy !!</i>	
<i>Waterproof Clothing (coat and trousers)</i>		<i>£5 max pocket money</i>	
<i>Hankies</i>		<i>Medicines (To be handed to leaders)</i>	
<i>Personal washing requirements and towel</i>		<i>NO SWEETS!</i>	
<i>Sleeping bag / pillow / bottom sheet</i>		<i>No phones or technology please!</i>	
<i>Tea towel</i>			

Don't panic if you haven't got all the equipment listed above, talk to one of the Leaders who will be able to give sensible advice or alternatives.

Those with a uniform should wear it to and from the camp.

To increase the chance of personal property coming home, **Please label all items** with either indelible ink and/or engraving as appropriate.

No aerosol deodorants, they are often flammable & can affect those with asthma.

Nights Away Information forms will be issued prior to each event with any specific items to take (or not to take). The list above is for general guidance.